

Contents

Introduction: A Few Words About My Background	1	Invest in Tools	44
What Is the Market Gardener Method?	4	Seeding	46
Preface: Planning, the Key to Success	8	Transplanting	48
Why Make a Plan?	9	Monitoring and Care	50
		Harvest Time	52
USING THE MARKET GARDENER METHOD TO CREATE YOUR MICROFARM	11	A YEAR OF VEGETABLES IN 12 MONTHS	55
The 5 Main Steps of the Market Gardener Method	12	January	56
Set Financial and Staffing Goals	14	February	60
Establish an Action Plan	16	March	64
Plan Your Farm Layout & Draw a Map	22	April	70
Prepare an Operations Calendar	24	May	76
Start Strong with the Right Equipment	26	June	82
		July	88
		August	94
		September	100
		October	106
		November	112
		December	116
APPLYING THE MARKET GARDENER METHOD TO A HOME GARDEN	31	Acknowledgments	120
Grow Vegetables with the Market Gardener Method: 5 Steps	32	About New Society Publishers	120
Understand and Analyze Your Garden Space	35		
Determine Your Garden Layout	38		
Prepare Your Crop Plan	42		