

CONTENTS

Acknowledgments	xiii
Foreword	xv
 Part 1: A Regenerative Future Starts with Schools	
1. Buckle Up	3
What If All Schools Were Like Pūnana Leo?	7
Creating Regenerative Schools:	
The What, Why, and How	8
Society and Schools Perpetuate Each Other	9
The Mother System	10
Education as We Know It Is Dangerously Frail	10
New Thinking Makes Us Squirm	13
No Easy Answers	17
Changing Society? Where to Begin?	20
2: How Paradigms Shift	23
Why the Prevailing Paradigm Matters	26
What Is a Paradigm?	28
Is Girl Scouts Real?	30
How Paradigms Shape Society	32
How Paradigms Shift	33
Paradigms Lost: Where Are We in the Shift?	44
3. A Whole New Way of Thinking	47
We Have to Learn to Think in a New Way	49
Living and Learning in a Complex,	
Globally Connected World	49
The New Normal	51
Complexity and Complication	52
It's Complicated	55
Why Does Western Society Love Complication?	57

Complication and Learning	59
Knowing the Drill	61
The Drill Is Caught, Not Taught	62
Separating, Sorting, and Sequencing	63
Rules of the Drill	67
Paradigms Have Consequences	70
4. Start with Schools	73
When a WTF Moment Starts a New Science	74
Nonlinearity and Change	77
Nonlinearity and Schools	78
Does It Work?	79
5. Regenerative Life and Learning	85
A Whole New Way	87
Wholeness	88
Newness	89
A Whole New Way of Doing School	92
What's Life Got to Do with It?	93
Regenerative Rules	96
What Is Regenerative Education?	100
Part 2: Making Regenerative Schools Reality	
6. Defining a Regenerative Paradigm	105
Productive, Respectful Citizens	106
Regenerative Values	109
Reverence	109
Reciprocity	111
Mutual Thriving	113
Yes, but How?	116
Adaptive Action: A Way Forward in Complex Systems	117
Adaptive Action Phase 1: What?	118
Adaptive Action Phase 2: So What?	120
Adaptive Action Phase 3: Now What?	121
Chapter Summary	123

7. People, Patterns, and Expertise	125
Complex Pattern Expertise: What It Is, How We Develop It, and Why It Matters	128
People Are Born Pattern Experts	130
Complex Patterns: A Primer	135
Structural Patterns	136
Flow Patterns	138
Change Patterns	140
Chapter Summary	146
8. How to Influence Complex Systems	147
What Are Conditions and How Do We Set Them?	150
How Conditions Influence Complex Systems	151
Containers, Differences, and Exchanges	153
Using CDE to Influence Complex Patterns	166
Chapter Summary	169
9. Designing Regenerative Schools	171
Design Considerations	173
Putting It All Together	182
Keep the Design Cycle Going	191
Chapter Summary	192

Part 3: Shifting to a Regenerative Paradigm

10. How Systems Learn	197
The Deets on Disruption	199
Disruptive Curiosity	200
Setting Conditions for Disruptive Curiosity	206
With the Full Assurance of the New Paradigm	209
11. E ho'i mai 'oe (Come Back)	213
When Systems Run Amok	216
Healing Can Be Ours	219
Index	223
About the Author	233
About New Society Publishers	234