

# Contents

---

<i>Home Energy Checklist for Action</i> . . . . .	front and back inside covers
<i>Lists of Tables</i> . . . . .	viii
<i>Acknowledgments</i> . . . . .	xi
Chapter 1	Save Money, Save the Earth . . . . .1
Chapter 2	The Building Envelope . . . . .19
Chapter 3	Ventilation and Air Distribution . . . . .47
Chapter 4	Heating Systems . . . . .63
Chapter 5	Cooling Systems . . . . .101
Chapter 6	Water Heating . . . . .127
Chapter 7	Food Storage . . . . .151
Chapter 8	Cooking . . . . .159
Chapter 9	Dishwashing . . . . .169
Chapter 10	Laundry . . . . .175
Chapter 11	Lighting . . . . .185
Chapter 12	Home Electronics . . . . .205
Chapter 13	Other Energy Uses in the Home . . . . .215
Appendix	For More Information . . . . .223
Index . . . . .	231
About the Authors . . . . .	239
About ACEEE . . . . .	241